

# Breakfast Pre-K

**FEBRUARY 2025**

MON	TUE	WED	THU	FRI
3 Cheerios w/ 100% Grape Juice	4 Strawberry Yogurt w/ <b>Fresh Apple</b>	5 Rice Chex w/ 100% Apple Juice	6 Multi-Grain Cheerios w/ <b>Fresh Apple</b>	7 Banana Muffin w/ Diced Peaches
10 Blueberry Muffin w/ 100% Fruit Juice	11 Strawberry Yogurt w/ <b>Fresh Apple</b>	12 Cheerios w/ 100% Grape Juice	13 Corn Muffin w/ <b>Fresh Apple</b>	14 Multi-Grain Cheerios w/ 100% Orange Juice
17	18 Strawberry Yogurt w/ <b>Fresh Apple</b>	19 Honey Cheerios w/ Mixed Fruit Cup	20 Corn Muffin w/ <b>Fresh Apple</b>	21 Cinnamon Raisin Bagel w/ Butter & 100% Fruit Juice
24 Blueberry Muffin w/ 100% Fruit Juice	25 Strawberry Yogurt w/ <b>Fresh Apple</b>	26 Cheerios w/ 100% Grape Juice	27 Corn Muffin w/ <b>Fresh Apple</b>	28 Cheerios w/ 100% Grape Juice

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Breakfast Milk Choices

1% Milk and Skim Milk

### Please Note

**Locally grown component planned daily.**

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V"



# Breakfast K-12

**FEBRUARY 2025**

MON	TUE	WED	THU	FRI
3 Banana Muffin Raisins & Applesauce	4 Strawberry Yogurt w/ Graham Crackers or Apple Frudel Fresh Apple & Diced Pineapple	5 Multi-Grain Frosted Flakes w/ Graham Crackers or Honey Cinnamon Butter Biscuit Diced Peaches & 100% Grape Juice	6 Cinnamon Toast Crunch w/ Graham Crackers or Pancakes w/ Syrup Fresh Apple & 100% Orange Juice	7 Cinnamon Crisp Bar Raisins & 100% Grape Juice
10 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	11 Strawberry Yogurt w/ Graham Crackers (V) or NEW! Turkey Sausage Pancake Griddle Sandwich Fresh Apple & Diced Pineapple	12 Honey Cheerios w/ Graham Crackers or NEW! Dutch Waffles/ Syrup Diced Peaches & 100% Grape Juice	13 Plain Bagel w/ Cream Cheese or Cinnamon Bun Fresh Apple & 100% Orange Juice	14 Trix Cereal w/ Graham Crackers Diced Peaches & 100% Grape Juice
17	18 Strawberry Yogurt w/ Graham Crackers or Cheesy Biscuit Melt Sandwich Fresh Apple & Diced Pineapple	19 Cinnamon Raisin Bagel w/ Butter or Apple Frudel Diced Peaches & 100% Grape Juice	20 Honey Cheerios w/ Graham Crackers or French Toast w/ Syrup Fresh Apple & 100% Orange Juice	21 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
24 Cinnamon Crisp Bar Raisins & 100% Grape Juice	25 Strawberry Yogurt w/ Graham Crackers (V) or Turkey Sausage Breakfast Pizza Fresh Apple & Diced Pineapple	26 Trix Cereal w/ Graham Crackers or Cinnamon Bun Diced Peaches & 100% Grape Juice	27 Plain Bagel w/ Cream Cheese or Waffles w/ Syrup Fresh Apple & 100% Orange Juice	28 Blueberry Muffin Fresh Orange & 100% Very Berry Juice

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