



Office of the State
Superintendent of Education
Division of Health and Wellness



LOCAL WELLNESS POLICY TEMPLATE

September 2021



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INTRODUCTION

The Office of the State Superintendent of Education (OSSE) developed this Local Wellness Policy (LWP) template to support local education agencies (LEAs) in developing high-quality LWPs. This template is structured to support LEAs in addressing all necessary LWP elements stipulated in local and federal law. This template also includes additional school health requirements and recommendations that LEAs may choose to incorporate into their policies (see *Local Wellness Policy Guide* for more detail). LEAs may choose to utilize this template when developing an LWP.

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD MODEL

This LWP template is intended to offer an outline for an LEA's approach to ensuring environments and opportunities exist for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing distractions. This LWP template is structured to align with the 10 components of the Whole School, Whole Community, Whole Child (WSCC) model. The WSCC model promotes a holistic approach to school health and integrates health services and programs into the day-to-day school and student life as a tool for improving academic achievement and learning. The WSCC model is the Centers for Disease Control and Prevention's (CDC) framework for addressing health in schools. The WSCC model is student-centered and emphasizes the role of the community in supporting the school, the connections between health and academic achievement, and the importance of evidence-based school policies and practices (see *Local Wellness Policy Guide* for more detail).

The 10 WSCC components are:

1. Health Education
2. Physical Education and Physical Activity
3. Nutrition Environment and Services
4. Physical Environment
5. Social and Emotional Climate
6. Counseling, Psychological & Social Services
7. Health Services
8. Employee Wellness
9. Family Engagement
10. Community Involvement



HOW TO USE THIS TEMPLATE

This template is an optional tool to support LEAs in developing a high-quality LWP. LEAs may choose to incorporate some or all components of this template when developing their policy. LEAs must ensure all mandatory local and federal LWP components are included in their final policy (see *Local Wellness Policy Guide* for more detail).

This template is divided into 10 components in alignment with the WSCC model. Each component includes content that is color coded based whether it is a mandatory LWP element that must be implemented **and** included in the document (color: ● **yellow**), a local school health requirement, which must be implemented, that is highly recommended to be included though inclusion is not required (color: ● **green**), or additional recommended content that is not required, but encouraged to be included (color: ● **blue**). All ● **yellow** elements must be included in an LEA's LWP and all ● **green** and ● **blue** elements are recommended for inclusion. All elements, when combined together, support a high-quality, well-rounded LWP aligned to the CDC WSCC model.

In order to meet the mandatory ● **yellow** requirements of an LWP, LEAs should ensure the policy covers the following while completing this template:

- students in the school have access to healthy foods throughout the school day – both through reimbursable school meals and other foods available throughout the school campus/day – in accordance with federal and state nutrition standards;
- students receive quality nutrition education that helps them develop lifelong healthy eating behaviors;
- students have opportunities to be physically active before, during and after school;
- schools engage in nutrition and physical activity promotion and other activities that promote student wellness;
- school staff are encouraged and supported to practice healthy nutrition and physical activity behaviors in and out of school;
- the community is engaged in supporting the work of the LEA in creating continuity between school and other settings for students and staff to practice lifelong healthy habits; and
- the LEA establishes and maintains an infrastructure for management, oversight, implementation, evaluation, and communication about the policy and its established goals and objectives.

This template is intended to offer a WSCC-aligned outline for an LEA's policy that would apply to all its students, staff, and schools. At a minimum, LEAs should identify specific measurable goals and outcomes within each ● **yellow** section of the template. LEAs should include additional language or modify this template, where appropriate, so that it accurately reflects specific needs (e.g., removing references to grades not served by the LEA). LEAs may choose to amend the introductory language to each WSCC component and should enter the LEA's name wherever the text reads [LEA NAME]. For support in completing the template or understanding LWP requirements, please contact OSSE at OSSE.schoolhealth@dc.gov.

LOCAL WELLNESS POLICY TEMPLATE

Two Rivers Public Charter School Local Wellness Policy
2023-2027

This Local Wellness Policy (LWP) outlines Two Rivers Public Charter School’s approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions. This policy applies to all students, staff and schools in Two Rivers Public Charter School. Specific measurable goals and outcomes are identified within each section below.

LOCAL WELLNESS POLICY OFFICIAL(S)

Two Rivers Public Charter School has identified the following LEA or school official(s) responsible for the implementation and oversight of the LWP to ensure each school’s compliance with the policy (7 CFR 210.31(c)(4)).

NAME	POSITION TITLE	EMAIL ADDRESS	LWP ROLE
Christopher Headecker	Food Service Manager	cheadecker@tworiverspcs.org	Provide oversight and annual evaluation of the policy

TRIENNIAL PROGRESS ASSESSMENTS

At least once every three years, Two Rivers Public Charter School will conduct a Triennial Progress Assessment and develop a report that reviews each Two Rivers Public Charter School schools’ compliance with this LWP. This assessment and report will include a full description of the progress made in attaining the goals of Two Rivers Public Charter School’s LWP.

The positions/persons responsible for managing the triennial assessment and report is Gail Williams. The above referenced individual(s) will monitor Two Rivers Public Charter School schools’ compliance with this LWP and develop the triennial progress reports. Two Rivers Public Charter School schools will actively notify households/families of the availability of the triennial progress report.

ESTABLISH A PLAN TO MEASURE THE IMPACT AND IMPLEMENTATION OF THE LOCAL WELLNESS POLICY

Federal LWP Requirement (7 CFR 210.31(c)(6)) Provide a description of the plan for measuring the implementation of the local school wellness policy, and for reporting local school wellness policy content and implementation issues to the public.

Two Rivers Public Charter School will evaluate compliance and effectiveness of this LWP using existing data collection tools, such as, but not limited to:

Two Rivers will evaluate the compliance and effectiveness of the LWP using existing data collection tools. Two Rivers will actively inform families and the public each year basic information about this policy, including its content, any updates to the policy, and implementation status.

This information is publicly available at the following location:

- * On the school’s website <http://www.tworiverspcs.org>
- * On ParentSquare (our communication platform for students and families)
- * Two Rivers PCS - wide communications
- * Upon request by emailing our FDR

Feedback about the content, adherence, or improvement are welcome and accepted as follows:

- * Comments from ParentSquare
- * At Title I school-wide meetings
- * Scheduled reviews of the LWP

Formal reviews of our LWP will be conducted as follows:

- * Annual Self-Assessment
- * Triennial assessment lead by LWP committee and open to all students, families, board members, etc.
- * Modify based on above and other variables, including but not limited to:
 - Changing health priorities or community health needs
 - Current wellness goals are met
 - New federal or state guidance/standards are issued

Compliance and effectiveness of this LWP will be evaluated using existing data collection tools, such as, but not limited to:

- * School Health Index
- * OSSE Health and Physical Education student assessments;
- * DC Healthy Schools Act School Health Profiles;
- * USDA Triennial Admin Review

HEALTH EDUCATION

Health education is comprised of several aspects of wellbeing, including mental health, physical fitness, sexual health and safety.¹ High-quality health education and promotion of school-based health activities can help improve students' quality of life, increase healthy behaviors, and reduce risky behaviors throughout students' lives.² Two Rivers Public Charter School recognizes the connection between good health, quality of life, and readiness to learn. Two Rivers Public Charter School is committed to providing high-quality health education and promoting health policies and activities that result in students that exhibit healthier behaviors.

Healthy Schools Act Requirement ([DC Official Code § 38–821.01\(1F\)](#)); ([DC Official Code § 38–824.02\(b\)](#))

Students in kindergarten through Grade 8 receive health education instruction aligned with [OSSE Health Education Standards](#).

Two Rivers has the following goals to ensure that a whole-child approach is adopted and our practice aligns with OSSE's Health Education Standards:

- * Provide at least 75 minutes per week at each grade level, K-8, as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health
- * Implement a school-wide framework for transformational social-emotional learning and classroom management that is trauma-informed and evidence-based
- * Health instructors will participate in Professional Development (PD) in health education (at least 6 hours) annually.
- * Teachers, teaching assistants, and dedicated aides will participate in Professional Development of classroom management techniques
- * Develop a model with certified in-house trainers for de-escalation and restraint training for our MS

Healthy Schools Act Requirement ([DC Official Code § 38–824.02\(b\)\(2\)](#))

Schools serving students in kindergarten through Grade 8 provide an average of 75 minutes of health education per week.

Two Rivers has the following goals to provide an average of 75 minutes of health education per week:

- * Incorporate health education into classroom instruction in subjects such as math, science, language arts, social sciences, and elective subjects;
- * Incorporate an age-appropriate sequential health education curriculum that is consistent with District and national standards for health education;

School Safety Omnibus Amendment Act Requirement ([DC Official Code § 38–824.02\(b-2\)\(1\)\(A\)](#))

Students in kindergarten through Grade 12 receive age- and developmentally appropriate, evidence-based, and culturally responsive instruction on recognizing and reporting sexual misconduct and child abuse, setting and respecting appropriate personal and body boundaries and privacy rules, communicating with adults about concerns regarding body boundaries or privacy violations, the meaning of consent, developing and maintaining healthy relationships, and other appropriate topics to support healthy development of students.

Two Rivers has the following goals to meet the School Safety Omnibus Act

- * Incorporating active learning strategies and activities that are enjoyable and developmentally appropriate
- * Incorporate opportunities for students to practice or try out the skills needed to maintain and improve their health
- * Incorporate a variety of culturally relevant and participatory activities, and examples that reflect the communities diversity, such as cooking lessons, taste-testing, school gardens, etc.
- * Develop lessons that are age and culturally appropriate regarding healthy relationships, the definition of consent, communicating with adults about concerns regarding body boundaries or privacy violations, and other topics to support the healthy development of students

1 Centers for Disease Control and Prevention. (2019). Healthy Schools: Components of the Whole School, Whole Community, Whole Child (WSCSS). Retrieved from www.cdc.gov/healthyschools/wscs/components.htm

2 Centers for Disease Control and Prevention. (2021). Healthy Schools: Improving School Health. Retrieved from: www.cdc.gov/healthyschools/schoolhealth.htm

Healthy Schools Act Requirement (DC Official Code § 38–824.02(b-1)(1))

High school health instruction provides cardiopulmonary resuscitation (CPR) instruction in at least one health class necessary for graduation for students in grades 9-12.

N/A

Graduation Requirement (5-A DCMR § 2203.3(b))

Provide the necessary 1.5 Carnegie units in health/physical education to meet graduation requirement.

[INSERT GOALS HERE]

PHYSICAL EDUCATION AND PHYSICAL ACTIVITY

School-based physical education and physical activity programs offer the best opportunity for students to learn the key skills and gain knowledge needed to establish and sustain a healthy and active lifestyle.³ High-quality physical education improves a student’s readiness to learn by contributing to motor skill development, boosting self-esteem, reducing stress and anxiety, and improving breathing and blood circulation which result in better concentration, improved behavior, and stronger academic success.⁴

Two Rivers Public Charter School] recognizes the connection between a physically active life and a child’s positive physical, mental, and emotional development. Two Rivers Public Charter School understands the importance of engaging its students in opportunities and activities that are empowering, regardless of ability, developmental status, or culture.

Two Rivers Public Charter School is committed to providing students with high-quality instruction to reinforce physically active behavior during school and throughout life.

Federal and Local LWP Requirement (7 CFR 210.31(c)(1)); (DC Official Code § 38–826.01(b)(C))

LEAs must identify specific goals for increasing physical activity and other school-based activities that promote student wellness through physical activity. In developing these goals, LEAs must review and consider evidence-based strategies and techniques.

Two Rivers has the following goals to increase physical activity and other school-based activities that promote student wellness through physical activity. To inspire the pursuit of healthy physical activity, students will participate in a variety of physical activities. These include:

- * Alternating the class activity in Physical Education class
- * Incorporating physical activity in other lessons (ie., movement breaks and stretches)
- * Incorporate the value of exercise as part of overall SEL and wellness program
- * At least 25% of extracurricular activities will involve mostly physical activity (ie., flag football, volleyball team, step team, etc.)
- * Physical education teachers shall develop and implement a curriculum that connects and demonstrates the interrelationship between physical activity, good nutrition, and health
- * 50 percent of physical education class time is devoted to actual physical activity
- * Suitably adapted physical activity shall be provided as part of the individualized education plan (IEP) developed for students with disabilities
- * Physical education staff shall appropriately limit the amount or type of physical exercise required of students during air pollution episodes, excessively hot weather, or other inclement conditions

3 Shape America. (2019). Is it Physical Education or Physical Activity? Understanding the Difference. Retrieved from www.shapeamerica.org/publications/resources/teachingtools/qualitytype/pa_vs_pe.aspx

4 US Department of Health and Human Services. *Physical Activity Guidelines for Americans*, 2nd edition. Washington, DC: US Department of Health and Human Services; 2018. Retrieved from health.gov/sites/default/files/2019-09/Physical_Activity_Guidelines_2nd_edition.pdf

Healthy Schools Act Requirement ([DC Official Code § 38–821.01\(6C\)](#)); ([DC Official Code § 38–824.02\(a\)](#))

Students in kindergarten through Grade 8 receive physical education instruction aligned with [OSSE Physical Education Standards](#).

Two Rivers has the following goals to ensure that physical education instruction is aligned with standards:

- * Requires the physical education instructors to participate at least once a year in professional development in physical education
- * Physical education teachers shall develop and implement a curriculum that connects and demonstrates the interrelationship between physical activity, good nutrition and health
- * The physical education program shall include a variety of kinesthetic activities, including team, individual, and cooperative sports and physical activities, as well as aesthetic movement forms, such as movement breaks and stretching

Healthy Schools Act Requirement ([DC Official Code § 38–824.02\(a\)\(1\)\(A\)](#)); ([DC Official Code § 38–824.02\(a\)\(2\)\(A\)](#)) Schools serving students in kindergarten through Grade 5 shall set a goal to provide an average of 150 minutes of physical education per week, and at least one recess of at least 20 minutes per day. If a school serving students in kindergarten through Grade 5 provides less than an average of 90 minutes of physical education per week, it shall submit an action plan to OSSE detailing efforts it will take to increase physical education before beginning the next school year.

Healthy Schools Act Requirement ([DC Official Code § 38–824.02\(a\)\(1\)\(A\)](#)); ([DC Official Code § 38–824.02\(a\)\(2\)\(A\)](#))

Schools serving students in grades 6-8 shall set a goal to provide an average of 225 minutes of physical education per week, and at least one recess of at least 20 minutes per day. If a school serving students in grades 6-8 provides less than an average of 135 minutes of physical education per week, it shall submit an action plan to OSSE detailing efforts it will take to increase physical education before beginning the next school year.

Two Rivers provides students in grades K-5 at least 150 minutes per week of physical education, and students in grades 6-8 receive at least 225 minutes per week of physical education. This is done by:

- * Physical education classes led by a physical education instructor
- * Intramurals
- * Crew walks

Healthy Schools Act Requirement ([DC Official Code § 38–821.01\(6C\)](#))

At least 50 percent of physical education instruction time is devoted to moderate-to-vigorous physical activity.

Two Rivers lesson plans will adopt a model where:

- * <25% of time is spent on instruction
- * <20% on warming up or low activity
- * >55% spent engaging in moderate-to-vigorous activities

Healthy Schools Act Requirement ([DC Official Code § 38-824.03\(a\)](#))

Provide suitably adapted physical education or supplementary aids for any other student with special needs that preclude the student from participating in regular physical education instruction.

Two Rivers attempts to develop a supportive and inclusive environment for all. To ensure that staff have sufficient training to ensure an inclusive environment, including adapting physical education activities:

- * All teaching staff will receive at least 2 hours per year of professional development on how inclusive and integrating the special needs students into the lessons, including activities and lessons that focus on physical activity

- * Physical education staff will attend professional development on adapting physical education activities to engage all students regardless of individual disability.

Healthy Schools Act Requirement ([DC Official Code § 38-824.03\(b\)](#))

Prohibit requiring or withholding physical activity as a means to punish students, provided that students who are not wearing appropriate athletic clothing may be prohibited from participating in physical activity until properly dressed.

Two Rivers looks to develop a passion for physical activity. Such as:

- * Consequences for student behavior will align with the best practices of Conscious Discipline

- * Under no circumstance will physical activity be withheld or required as a means of punishment

Healthy Schools Act Requirement ([DC Official Code § 38-824.02\(a-1\)\(1\)](#))

Provide students in grades pre-K 3 and pre-K 4 with an average of 60 minutes of daily physical activity, including two 20-minute outdoor recess periods each day weather and space permitting.

Pre-K students shall receive 60 to 90 minutes of active play daily. These minutes shall consist of a combination of adult-led/structured active play and child-initiated/unstructured active play. Specified goals include:

- * Offer outdoor active play, every day (if weather permits)

- * Active play minutes shall be achieved through recess, active movement, and classroom games that involve physical movement

- * Each day will include at least 30 minutes of recess

Healthy Schools Act Requirement ([DC Official Code § 38-824.01\(a-c\)](#))

It shall be the goal to engage students in physical activity for at least 60 minutes each day. Schools shall promote this goal. Schools shall seek to maximize physical activity by means including: extending the school day, encouraging students to walk or bike to school; promoting active recess; supporting athletic programs; integrating movement into classroom instruction and classroom instruction breaks; entering into shared-use agreements with organizations that provide physical activity programming for children outside of the normal day; and using physical activity as a reward for student achievement and good behavior.

Two Rivers works to increase physical activity and other school based activities that promote student wellness through physical activity. To encourage the pursuit of healthy physical activity, students will participate in a variety of physical activities. They include:

- * Changing the class activity in Physical Education class

- * Working in physical activity in other lessons

- * Incorporate the value of exercise as part of overall SEL and wellness program

- * Provide a safe and accessible space to park bikes and scooters

- * Encourage walking and movement both inside and outside of the school

NUTRITION ENVIRONMENT AND SERVICES

Offering nutrition education and serving healthy school meals help mitigate childhood obesity, model healthy habits, and promote life-long healthy eating patterns and food selection. Two Rivers Public Charter School recognizes that serving healthy meals to students through the [National School Lunch Program](#), [School Breakfast Program](#), [After School Snack Program](#), [Fresh Fruit and Vegetable Program](#), [Special Milk Program](#), [The Child and Adult Care Food Program](#), [Summer Food Service Program](#), and other supplemental nutrition programs contribute to the improved nutritional diet and health of students, reduces hunger among students, and improves students' readiness to learn.

NUTRITION PROMOTION AND EDUCATION

Two Rivers Public Charter School is committed to promoting positive nutrition behaviors and habits. Posters promoting [healthy portions](#), age appropriate [nutrition information](#) for healthier living, and food service menus will be posted in public areas throughout our school(s).

Federal LWP Requirement (7 CFR 210.31(c))

LEAs must identify specific goals for nutrition promotion and education and other school-based activities that promote student wellness through nutrition. In developing these goals, LEAs must review and consider evidence-based strategies and techniques.

To promote wellness and nutrition, Two Rivers will:

- * Serve meals that are appealing to students in a clean, sanitized and inviting environment
- * Provide meals that meet or exceed current nutritional standards as determined by local and federal regulations
- * Promote outreach about FARM applications, which includes direct contact outreach for families who have previously qualified for FARM in the past year
- * Gather input from students about meal service and quality of meals at least 2x a year.
- * Promote healthy food and beverage choices
- * Promote fruit, vegetables, whole grain products, low-fat and fat-free dairy products
- * Promote the benefits of consuming water on a regular basis

Healthy Schools Act Requirement (DC Official Code § 38-822.05(b)(1))

Distribute the menu for each breakfast and lunch served, nutritional content of each menu item, ingredients of each menu item, and the location where fruits and vegetables served in schools are grown and processed. Make information available on school website, in school's office, and to parents and legal guardians upon request.

For communication information about the meals being served, Two Rivers will:

- * Post monthly menus at the front desk receptionist area, on the website as well as through Parent Square by the end of the previous month
- * Provide information about the nutritional content, ingredients and locations of sourced produce upon request

Healthy Schools Act Requirement (DC Official Code § 38-822.01(a)(1)(B)(i-ii))

Make a vegetarian food option available as a daily option for the main course for breakfast and lunch at all grade levels. Vegetarian food options shall be rotated to avoid repetition.

Each meal service will include a vegetarian option. Two Rivers will:

- * Provide a vegetarian option for each meal
- * The menus provided has both a "regular" and vegetarian option stated and placed near our Front Desk receptionist area, on the website as well as on Parent Square

Healthy Schools Act Requirement (DC Official Code § 38-822.01(a)(1)(B)(iii))

Vegetarian food options shall be clearly labeled or identified.

Two Rivers will clearly identify vegetarian meals. Two Rivers will:

- * Label items as vegetarian, for those that are not obvious to distinguish

Healthy Schools Act Requirement (DC Official Code § 38-822.03(b)(3))

Solicit input from students, faculty, and parents, through taste tests, comment boxes, surveys, a student nutrition advisory council, or other means, regarding nutritious meals that appeal to students.

To encourage feedback from our school community, Two Rivers will:

- * Implement surveys for students input at least twice a year. Surveys will inquire about the presentation, taste, and suggestions for improvements
- * When selecting a new food vendor, creating a panel of students and staff to taste test the items
- * Work on a comment box near the Kitchen space where the school community can provide feedback

Recommendation (7 CFR 210.10(a)(2))

Hang *Offer vs. Serve* posters as a guide for students choosing a reimbursable meal.⁵

[INSERT GOALS HERE]

FOODS AND BEVERAGES MARKETED TO STUDENTS

All food and beverage products marketed on school grounds must, at a minimum, meet the USDA's school meal nutrition and [Smart Snacks](#) standards. Product marketing refers to any written, oral posted graphics intended to promote the sale of a food or beverage product.

Two Rivers Public Charter School _____ is committed to marketing food and beverages in nutrition-promoting ways including ensuring that filtered water is available for student and staff consumption throughout the day and that water is marketed in health promoting ways that do not detract from milk promotion. This commitment will be demonstrated by taking the specific actions outlined below.

Federal and Local LWP Requirement (7 CFR 210.31(c)(3)(iii)); (DC Official Code § 38-822.06(f)(2))

Establish policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet or exceed the federal nutritional and Healthy Schools Act standards.

Two Rivers Public Charter School is committed to providing a school environment that ensures opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions. Two Rivers strives to teach students how to make informed choices about nutrition, health and physical activity. It is Two Rivers intent to protect and promote students health by limiting advertising and marketing. If permitted, advertising and marketing will be only for foods and beverages that are consistent with the following:

- * Vending machines for students are not permitted
- * Any foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School Nutrition standards. Food and beverage marketing is defined as advertising and other promotions in schools. Food and beverage marketing often includes an oral, written, or graphic statements made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product. This term includes, but is not limited to the following:
 - * Brand names, trademarks, logos or tags, except when placed on a physically present food or beverage product or its container
 - * Displays, such as on vending machine exteriors;
 - * Corporate brand, logo, name or trademark on school equipment, such as marquees, message boards, scoreboards or backboards (note: immediate replacement of these items are not required; however, Two Rivers Public Charter School will replace or update scoreboards or other durable equipment when existing contracts are up for renewal or to the extent that is in financially possible over time so that items are in compliance with the marketing policy);
 - * Corporate brand, logo, name or trademark on cups used for beverage dispensing, menu board, coolers, trash cans and other food service equipment; as well as on posters, book covers, pupil assignment books or school supplies displayed, distributed, offered or sold by Two Rivers Public Charter School;
 - * Advertisements in school publications or school mailings
 - * Free product samples, taste tests or coupons of a product, or free samples displaying advertising of a product

5 See Offer Versus Serve Posters for Lunch at www.fns.usda.gov/tn/offer-versus-serve-national-school-lunch-program-posters

FOODS AND BEVERAGES PROVIDED TO STUDENTS

Federal LWP Requirement (7 CFR 210.31(c)(2))

Establish standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).

Two Rivers Public Charter School is committed to ensuring that all foods and beverages available to students on the school campus during the school day support healthy eating. The foods and beverages sold and served outside of the school meal programs (e.g., "competitive" foods and beverages) will meet the USDA Smart Snacks in School nutrition standards, at a minimum. Smart Snacks aim to improve student health and well-being, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits. To support healthy food choices and improve student health and well-being, all foods and beverages outside the reimbursable school meal programs that are sold to students on the school campus during the school day will meet or exceed the USDA Smart Snacks nutrition standards and the DC Healthy Schools Act 2010. With that, Two Rivers has adopted the following policies:

- * Rewards - Foods or beverages will not be used as rewards, incentives, or prizes for academic performance or good behavior that do not meet the nutritional requirements above.
- * Third-Party vendors - are not permitted to sell foods or beverages of any kind to students on school property from MIDNIGHT on the day school begins to 90 minutes after the school day ends, in accordance with the Healthy Schools Act and USDA Smart Snacks Standards.
- * Fundraising - Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus during the school day.

Federal and Local LWP Requirement DC Official Code § 38-822.03(c); (7 CFR 210.18(h)(2)(v))

Make cold, filtered water available free to students, through water fountains or other means, when meals are served to students.

To ensure that students have access to water, Two Rivers will:

- * Ensure that each water fountain includes a bottler filler
- * Ensure that every floor has a filtered water fountain

FOODS AND BEVERAGES SOLD TO STUDENTS

Federal LWP Requirement (7 CFR 210.31(c)(3)(i-ii))

Establish standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards and the Smart Snack in School nutrition standards.

Two Rivers PCS is committed to ensuring that all foods and beverages available to students on the school campus during the school day supports healthy eating. The foods and beverages sold and served outside of the school meal programs (e.g. "competitive" foods and beverages) will meet the USDA Smart Snacks in School Nutrition standards, at a minimum. Smart Snacks aim to improve student health and well-being, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits. To support healthy food choices and improve student health and well-being, all foods and beverages outside the reimbursable school meal programs that are sold to students on the school campus during the school day will meet or exceed the USDA Smart Snacks nutrition standards and the DC Healthy Schools Act 2010.

Healthy Schools Act Requirement (DC Official Code § 38-822.06(e))

Schools shall prohibit all third-parties, other than school-related organizations and school meal service providers, from selling food or beverages of any type to students on school property from 90 minutes before the school day begins to 90 minutes after the school day ends.

Two Rivers PCS has the following policy regarding the sale of food and beverages to students 90-min before and after the school day:

- * Vending machines for students are not permitted
- * Only school - related organizations (e.g., student government and Creative Families Association) and the school meals service providers may sell food during the school day
- * All non-school-related organizations are prohibited from selling food to students 90-min before and 90-min after a school day.

SCHOOL MEALS

Two Rivers Public Charter School is committed to serving healthy meals through the National School Lunch Program, School Breakfast Program and other supplemental programs to children, with plenty of fruits, vegetables, whole grains, lean protein and fat-free or low-fat dairy, that are moderate in sodium, low in saturated fat, have zero grams of trans-fat per serving (nutrition label or manufacturer's specification), and to meet the local and federal nutrition requirements and the needs of school children within their calorie requirements.

Local LWP Requirement (DC Official Code § 38-826-01(b)(2)(B))

Establish plans for increasing the use of locally grown, locally processed, and unprocessed foods from growers engaged in sustainable agriculture practices.

Two Rivers PCS is working on its commitment in cultivating a culture of sustainability while living in a worldly society. As such, Two Rivers is committed to buying local when feasible and engages in the following activities to support consuming locally grown foods:

- * Partner with vendor who shares the same values of utilizing locally grown, locally processed and unprocessed foods from growers engaged in sustainable agriculture practices

Healthy Schools Act Requirement (DC Official Code § 38-823.01)

Track procurement using the [Locally Grown Food Item Tracking Log](#).⁶

Two Rivers PCS is working on its commitment in cultivating a culture of sustainability while living in a worldly society. As such, Two Rivers is committed to buying local when feasible and engages in the following activities to support consuming locally grown foods:

- * As stated in our food contract, our vendor tracks locally grown foods and shares the information with the school and reports to OSSE in compliance with the Healthy Schools Act.

Healthy Schools Act Requirement (DC Official Code § 38-822.02(a))

Serve school meals that meet or exceed the federal nutritional and HSA standards.

Two Rivers is committed to providing nutritious, high quality meals. To ensure that meals meet or exceed federal and local standards, Two Rivers has adopted the following measures:

- * All food service staff are trained annually on the federal and local nutrition standards
- * Each month the menu is reviewed by our in-house staff to ensure compliance with federal and local standards.
- * If a deficiency is noticed, we work with our vendor to take the appropriate corrective actions and devise a plan to prevent future issues.

⁶ Office of the State Superintendent of Education. (2019). Locally Grown and Unprocessed Food Item Tracking Log. Retrieved from <https://osse.dc.gov/publication/locally-grown-and-unprocessed-food-item-tracking-log>

PHYSICAL ENVIRONMENT

According to the CDC, physical environment is defined as the school building and its contents, the land on which the building is located, and the area surrounding it.⁷ The physical learning environment has a great impact on student learning and promotes and improves learning by ensuring the health and safety of students and staff. _____ Two Rivers Public Charter School _____ recognizes the connection between physical environment and student outcomes and believes safe, positive, respectful learning environments will result in more engaged students. Additionally, _____ Two Rivers Public Charter School _____ understands that environmental sustainability means meeting present needs without compromising the ability of future generations to meet their own needs.⁸

_____ Two Rivers Public Charter School _____ is committed to implementing and maintaining standards to ensure a healthy school physical environment and creating environmental sustainability practices for staff and students and recognizes its importance for both today and for years to come.

Local LWP Requirement (DC Official Code § 38–826.01(b)(2)(A))

Establish goals for improving the environmental sustainability of schools.

Two Rivers is committed to improving its environmental sustainability by engaging all stakeholders. Initiatives include:

- * Developing a campaign to minimize food waste
- * Highlighting the benefits of growing your own produce and learning this through while working on creating our own school garden
- * Develop a means in which composting can be integrated into our curriculum

Local LWP Requirement (DC Official Code § 38–826.01(b)(2)(D))

Establish goals for developing and implementing an Environmental Literacy Program.

Two Rivers aims to establish a robust age-appropriate environmental literacy program that meets or exceeds OSSE's Standards. Specific initiative include:

- * Exploring our local area through nature walks
- * Developing a school garden
- * Developing a grade-appropriate framework of education topics to incorporate into the curriculum

7 Centers for Disease Control and Prevention. (2019). Components of the Whole school, Whole Community, Whole Child (WSCC): Physical Environment. Retrieved from <https://osse.dc.gov/node/1113332> www.cdc.gov/healthyschools/wscs/components.htm

8 Office of the State Superintendent of Education. (2019). 2017 DC Environmental Literacy Plan. Retrieved from osse.dc.gov/sites/default/files/dc/sites/osse/page_content/attachments/2017%20Environmental%20Literacy%20Plan.pdf

SOCIAL AND EMOTIONAL CLIMATE

According to the CDC, social and emotional climate refers to aspects of students' educational experience that influence their social and emotional development.⁹ The quality and character of school life is often referred to as school climate.¹⁰ The school's climate and students' social and emotional needs play major roles in the development of students.¹¹ Two Rivers Public Charter School recognizes the connection between students' social and emotional needs and their ability to learn and perform both within and outside of the classroom setting. Two Rivers Public Charter School understands that a positive school climate is one in which the quality and character of school life is formed through: a student-centered environment rooted in community values and input, systems of culture, gender, and LGBTQ responsive engagement, and proactive safety measures that prioritize the health and wellness of all members of the school community, including staff and families.

Two Rivers Public Charter School is committed to developing socially and emotionally healthy students by creating and maintaining a school climate that results in a safe, engaging, healthy, challenging, and supportive learning environment.

Two Rivers Public Charter School understands the design, education and implementation of social and emotional learning priorities is essential to demonstrating this commitment.

Healthy Schools Act Requirement ([DC Official Code § 38-826.06](#))

Schools covered by the Youth Risk Behavior Surveillance System (YRBSS), serving grades 6-12, shall participate in the biennial DC data collection.

Two Rivers takes a holistic approach to education and strives to nurture an inclusive school community. As part of these efforts, students in grades 6th through 8th will participate in the biennial data collection as part of the YRBSS.

Recommendation

Survey students to measure broad perceptions of student access to quality mental health supports.¹²

Two Rivers has a strong SEL support program. As such, Two Rivers will:

- *Gather baseline data to determine the social-emotional well being of students during the first few weeks of school

- *Implement a robust Student Wellness Team, which includes a social worker, two counselors, and multiple student support team members.

- * Partner with SPED Coop to create a more comprehensive Response to Intervention program

Recommendation

Provide a designated physical safe space for LGBTQ students.¹³

Two Rivers has designated a safe place for LGBTQ students in various way:

- * Middle School has begun a program which has become a place for comfort and understanding

- * Continue to use the social workers office as a safe space for LGBTQ students.

9 Centers for Disease Control and Prevention. (2019). Components of the Whole school, Whole Community, Whole Child (WSCC): Social and Emotional Climate. Retrieved from <https://www.cdc.gov/healthyschools/wscs/components.htm>

10 National School Climate Center. (2012). The School Climate Improvement Process: Essential Elements(No:4). Retrieved from <https://files.eric.ed.gov/fulltext/ED573705.pdf>

11 Durlak, JA., Wiessberg, RP. (2011). Promoting Social and Emotional Development is an Essential Part of Students' Development. *Human Development*. (54)1-3. Retrieved from www.researchgate.net/profile/Roger_Weissberg/publication/239784381_Promoting_Social_and_Emotional_Development_Is_an_Essential_Part_of_Students%27_Education/links/57f97a1d08ae91deaa616b5a/Promoting-Social-and-Emotional-Development-Is-an-Essential-Part-of-Students-Education.pdf

12 Refer to Appendix A in OSSE's Local Wellness Policy Guide for related supports and resources.

13 This recommendation is intended to serve as a complement to work done by the bullying prevention task force ([DC Code § 2-1535.02](#)), with the specific goal of

COUNSELING, PSYCHOLOGICAL, AND SOCIAL SERVICES

The DC school behavioral health model is a coordinated system designed to promote positive school culture, mental wellness and access to high-quality services for children, youth, and their families.¹⁴ Two Rivers Public Charter School recognizes the connection between reducing barriers to access and helping students and schools thrive through integrating school- and community-based providers and services using a school-wide, multi-tiered system of supports (MTSS).¹⁵

Two Rivers Public Charter School understands that partnerships with licensed school behavioral health professionals with education and training in social work, professional counseling, or school, clinical, or counseling psychology, whether employed by Two Rivers Public Charter School or by a community-based organization that partners with the LEA, both collaborate with teachers, administrators, parents, and community-based organizations to provide a coordinated system of support that addresses prevention, intervention, and direct service needs of the school.

Two Rivers Public Charter School is committed to supporting students and families through the provision of Counseling, Psychological and Social Services to ensure a well-rounded environment of comprehensive health and safety are made available for all within the school environment.

Youth Suicide Prevention and School Climate Survey Amendment Act (DC Official Code § 7-1131.17(a)-(b)(1))

Ensure principals and teachers are trained to identify, approach, and refer students in psychological distress through requiring the completion of the Department of Behavioral Health's online training once every two years.

Two Rivers is committed to the well-being of all students. This includes suicide prevention and training staff to identify students in crisis. To ensure that staff are trained on these topics, we will:

- * Conduct training for all staff to recognize student in crisis
- * Require school counselors and social workers to complete Behavioral Health's Training biennially.

School Safety Omnibus Amendment Act (DC Official Code § 38-952.02(b)(1))

Ensure school staff are trained at the time of hiring and at minimum every two years thereafter on identifying, responding to, and reporting student-on-student acts of sexual harassment, sexual assault, or dating violence, including any mandatory reporting requirements under District or federal law.

Two Rivers takes sexual harassment, sexual assault, child abuse in all forms, and mandatory reporting seriously. As such, identifying, responding to and reporting student-on-student acts of sexual harassment, sexual assault or dating violence are:

- * Part of the onboarding process for new hires
- * Documented in our employee handbook
- * Included in our annual training for all staff

Every staff member is required to complete the mandatory reporter training annually.

School Safety Omnibus Amendment Act (DC Official Code § 38-951.02(c)(1-2))

Ensure school staff are trained at the time of hiring and at minimum every two years thereafter on recognizing and reporting sexual misconduct, student sexual abuse, and child abuse and training on an annual basis for parents regarding sexual misconduct and student sexual abuse.

Two Rivers takes sexual misconduct, student sexual abuse, and child abuse very seriously. As such, Two Rivers:

- * Documented in our employee handbook
- * Included in annual training for all staff
- * Training on recognizing and reporting sexual misconduct, student sexual abuse, and child abuse is part of the onboarding process for new hires

¹⁴ Deputy Mayor of Health and Human Services. (2019). School Mental Health Program and School Health Services Program. Retrieved from dmhhs.dc.gov/publication/school-mental-health-program-and-school-health-services-program

¹⁵ Multi-tier System and Supports Integrated Services Framework for Student Wellness. (2015). CSHA Conference. Retrieved from www.schoolhealthcenters.org/wp-content/uploads/2015/05/Building-Framework-MH-Supports-Presentation.pdf

Recommendation

Identify specific goals for any school-based activities that promote student wellness through counseling, psychological and social services.

At Two Rivers, we have multiple school counselors (various sites) and a social worker to provide counseling services to the general and special education programs. Our goal is to provide counseling services that focus fully on academic and social emotional domains in a preventative way. This goal emphasizes a proactive method that shifts the counselor/social worker's role away from only reacting to immediate crises in an isolated manner to implementing preventative programming aligned with the school's strategic plan. We use data information to better ensure student needs and inform our counseling interventions in all the counseling domains.

Recommendation

Provide a designated space for the delivery of behavioral and mental health services.

Two Rivers is committed to supporting the whole child. With that, counselors and social workers have their own office to provide behavioral and mental health services.

Recommendation

Establish a policy and procedures for suicide prevention and intervention, including a defined school crisis team and safe space for behavioral and mental health service delivery.¹⁶

The school counselors lead our suicide prevention and intervention and are the primary POC for suicide ideation. In addition, they provide training and teacher lessons related to suicide prevention. Here is our internal protocol:

- 1) Staff, teacher, or student is made aware that a student is experiencing thoughts or behaviors of self-harm or suicidal ideas. This may be communicated by self-report, group report, drawn, written, etc.
- 2) Immediately notify the social worker via phone
- 3) If no response within 15 minutes and there has been a report of immediate danger, contact other members of the School Crisis Team or the program directors.
- 4) The social worker or counselor contacts the students, conducts a safety assessment, and creates a crisis plan.
- 5) Crisis plan is than shared with the teachers and admin team if needed.

Recommendation:

Encourage and support behavioral health staff to participate in the School Behavioral Health Community of Practice and to engage in ongoing support and learning with peers.

[INSERT GOALS HERE]

¹⁶ This acknowledgement coincides with a requirement mentioned in the Social and Emotional Climate section of this template.

HEALTH SERVICES

Health services provide preventive and actual care for a host of medical conditions and concerns within the scope of practice of school nurses, nurse practitioners, dentists, health educators, physicians, physician assistants, and allied health personnel.¹⁷ These services include but are not limited to first aid, cardiopulmonary resuscitation (CPR) and automatic external defibrillator (AED) use, anaphylaxis treatment and management, and planning and management of chronic diseases such as asthma and diabetes. These services ideally combine school and community resources to meet the needs of the students, staff and community through proper care coordination.

Two Rivers Public Charter School recognizes the connection between coordinated care models and improved student outcomes. Two Rivers Public Charter School understands that registered nurses, doctors, physician assistants, allied health professionals and other qualified personnel may be among those contributing to the coordinated care students receive. Two Rivers Public Charter School is committed to coordinated preventive and actual care service models that meet the needs of the students, staff and school community. Two Rivers Public Charter School has established the following goals for implementing the Health Services component to demonstrate this commitment.

Student Health Care Act Requirement (DC Official Code § 38-602(a)-(b))

Collect annual Universal Health Certificates and Oral Health Assessments from each student.

Two Rivers tackles the following activities to collect the Universal Health Certificates and Oral Health Assessments for each student:

- * Parents attest that they will submit these documents as part of the enrollment process
- * The director of operation or the appointed selectee coordinates with the school nurse to update information on a regular basis
- * The director of Operations or the selectee conducts outreach, including general communications, point to point emails, and phone calls with families out of compliance

Access to Emergency Epinephrine in Schools Amendment Act (DC Official Code § 38-651.04a(b)(3)); (DC Official Code § 38-651.04a (c)(2)(B))

Schools shall stock and maintain two undesignated epinephrine auto-injector twin-packs in a secure but easily accessible location and ensure at least two OSSE-certified staff members are trained annually and present during all hours of the school day.

Two Rivers has an undesignated epi-pen program. This program includes:

- * Placing the undesignated epi-pens near the nursing station, which resides close to the front desk
- * Updating our epipen plan annually
- * Ensuring that at least two staff members are trained. Typically DA's are trained in the summer
- * Posting our epipen plan and names of staff qualified to administer if needed by the front desk

Immunization of School Students Act (DC Official Code § 38-501); (DCMR § 5-E5300)

Ensure all schools implement the [Immunization Attendance Policy](#) and verify student compliance with District immunization requirements for enrollment and attendance.

Two Rivers has a great program to ensure immunization compliance of all students. On top of that, Two Rivers strives to reduce barriers to access to vaccination. Initiative include:

- * An immunization team (director of operations, school nurse) verifies that all vaccinations are up to date prior to in-person attendance
- * The SIS contains a custom page regarding immunization compliance that the school nurse and enrollment team have access to
- * Director of operations and school nurse review immunization compliance on a monthly basis
- * Students out of compliance are notified using DC Health for letters by the school nurse.
- * Students out of compliance are also notified using direct outreach by the director of operations or the appointed selectee
- * Resources about local clinics and vaccination sites are provided to families via point-to-point emails.
- * If it is determined that a student has been unable to get vaccines, the enrollment team will coordinate with the student support team and school nurse to support the student in getting an up-to-date screening. Resources about local clinics and vaccination sites are provided to families via

Recommendation

Provide a designated space that is recognized as the health or nurse's suite.

School nursing services are provided in partnership with Children's National. The school nurse has her own suite at each site, all on the 1st floor. The school nurse coordinates care during the school, including but not limited to maintaining documentation about medical conditions, storing medications, providing resources and referrals for health care.

¹⁷ Centers for Disease Control and Prevention. (2021). Components of the Whole School, Whole Community, Whole Child (WSCC): Health Services. Retrieved from www.cdc.gov/healthyschools/wscs/components.htm

Recommendation

Ensure qualified staff, inclusive of a Registered Nurse, provide care and management of health services rendered for the school environment.

[INSERT GOALS HERE]

Recommendation

Share, and make publicly available, nurse hours and availability, emergency care protocol, and undesignated epinephrine use plans.

Information about the school nurse and other emergency protocols are available via ParentSquare and upon request.

Recommendation

Establish care coordination plans to increase access and referrals to primary care services and improve school-physician links following incidents.

[INSERT GOALS HERE]

Recommendation

Develop and implement a school preparedness system for medication storage and administration, tracking staff certifications, and students with chronic health conditions who lack clearly identifiable action plans.

[INSERT GOALS HERE]

EMPLOYEE WELLNESS

Employee health has a direct impact on how school staff perform in their roles in the school community. Employee wellness efforts at schools have the potential to increase feelings of work satisfaction and productivity, as well as lower rates of absenteeism and medical costs related to staff stress.¹⁸ Two Rivers Public Charter School

recognizes the connection between healthy school employees and improved job performance and satisfaction.

Two Rivers Public Charter School understands that while there is no legislative requirement for employee wellness, implementing policies that promote employee wellness and improve job satisfaction may have a positive impact on student development. While there are no Employee Wellness LWP requirements, Two Rivers Public Charter School establishes the following employee wellness goals:

Federal LWP Requirement (7 CFR 210.31(c)(5))

Describe the manner in which representatives of the LEA, teachers of physical education, school health professionals, the school board (if applicable), and school administrators are provided the opportunity to participate in the development, implementation, and periodic review and update of the Local Wellness Policy.

The Local Wellness Committee represents all school levels and include, but not be limited to: parents and caregivers; students; representatives of the school nutrition program (e.g., Food Service Coordinator); physical education teachers; health education teachers; school health professionals (e.g., health education teachers, school health services staff (e.g., nurses, physicians, dentists, health educators, and other allied health personnel who provide school health services), and mental health and social services staff (e.g., school counselors, psychologists, social workers, or psychiatrists) ; school administrators (e.g., superintendent , principal, vice principal); school board members; health professionals (e.g., dietitians, doctors, nurses, dentists); and the general public. When possible, membership will also include Supplemental Nutrition Assistance Program Education coordinators (SNAP-Ed).

Two Rivers welcomes the participation of all stakeholders in devising, implementing, and updating our LWP. Efforts to recruit and inform the community about the LWP include:

* Annual recruitment call for volunteers through different channels, including but not limited to emails to staff, emails to those who have expressed an interest in wellness, announcements on ParentSquare, our communication platform and the school website.

* Provide information in the Student and Family Handbook

* Post updates and messages about the LWP, including annual assessments and the triennial assessment, on ParentSquare and the school website.

* Provide information to inquires using our general questions email which is to our FDR

Recommendation

Address and improve educator wellness through initiatives, for example offering yoga classes, immunizations, screenings and wellness campaigns, and mindfulness trainings.

[INSERT GOALS HERE]

Recommendation

Provide professional development trainings to address and improve staff development and preparedness, for example by facilitating implicit bias training and assessments, and cross-cultural communication training.

At Two Rivers, we continually reflect on ways that we can grow and develop our team. We want all staff at Two Rivers to have the tools needed to do their job well and be challenged to grow in new ways. We have weekly Professional Development on Wednesdays for lead and assistant teachers. During these times there are also opportunities built in for collaboration so that teachers can share what is working and what needs to be looked at again to see some positive changes.

Recommendation

Take action to address and improve staff mental health, for example by informing and actively promoting Employee Assistance Programs and other community behavioral health resources available to staff throughout the school year.

Two Rivers values its employees and realizes that staff self-care improves student outcomes. Two Rivers offers a variety initiatives to improve educator wellness, including but not limited to:

- * Free mental health counseling
- * Paid time off for personal days
- * Emergency Assistance Program
- * Staff Wellness events

¹⁸ Centers for Disease Control and Prevention. (2016). Preventing Chronic Disease. Absenteeism and Employer Costs Associated with Chronic Diseases and Health Risk Factors in the US Workforce. Retrieved from www.cdc.gov/pccd/issues/2016/15_0503.htm

FAMILY ENGAGEMENT

Engaging family members in school programs and services is a priority that may have a lasting impact on students as they grow. Two Rivers Public Charter School understands that welcoming participation from families when developing and implementing LWP goals supports the creation of an effective, comprehensive and robust local wellness policy that will meet the needs of the school community and the students it serves. By allowing families to participate in the development, implementation and evaluation of this wellness policy, Two Rivers Public Charter School acknowledges the connection between family involvement, in connection with teachers, and other school staff, and ensuring students receive a well-rounded, comprehensive education that can serve them within and outside of the classroom setting. Two Rivers Public Charter School is committed to engaging family members in our LWP development, wellness committee participation, policy implementation and other health and wellness requirements and initiatives.

Federal LWP Requirement (7 CFR 210.31(c)(5))

Describe the manner in which parents and legal guardians are provided the opportunity to participate in the development, implementation, and periodic review and update of the Local Wellness Policy.

The Local Wellness Committee represents all school levels and include, but not be limited to: parents and caregivers; students; representatives of the school nutrition program (e.g., Food Service Coordinator); physical education teachers; health education teachers; school health professionals (e.g., health education teachers, school health services staff (e.g., nurses, physicians, dentists, health educators, and other allied health personnel who provide school health services), and mental health and social services staff (e.g., school counselors, psychologists, social workers, or psychiatrists); school administrators (e.g., superintendent, principal, vice principal); school board members; health professionals (e.g., dietitians, doctors, nurses, dentists); and the general public. When possible, membership will also include Supplemental Nutrition Assistance Program Education coordinators (SNAP-Ed).

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- * Provide information to inquires using our general questions email which is to our FDR

Recommendation

Educate families on behaviors for contagious disease prevention and response and include guidelines for when to keep sick children at home and when they can return to school.

Guidelines for when to keep students home are shared in the enrollment forms, student handbook and more.

COVID mitigation protocols are shared with anyone exhibiting COVID-like symptoms via email. In addition, general information is communicated by multiple platforms (see below).

Recommendation

Have communication protocols in place to notify families of positive contagious disease cases that protect the privacy of affected individuals and their families consistent with DC Health guidelines.

Two Rivers takes community safety seriously as students who are unwell cannot learn to their fullest potential. Two Rivers has a protocol in place to notify families when a student is exposed to a contagious illness (e.g., pink eye, COVID, strep throat, etc.) while protecting the privacy of the individual. For COVID exposure, our COVID response team notifies potential close contacts and shares our mitigation strategies as well as potential symptoms. For all other contagious diseases, our school nurse notifies families and shares the CDC fact sheets.

Recommendation

Inform parents of all hygiene and cleaning practices introduced, including reinforcing proper hand hygiene, mask wearing, and other health practices while students are at home.

Our COVID protocols are shared with families in many forms. This includes via the following platforms:

- * Student and family handbook
- * Direct communications with potential close contacts of a COVID-positive individual
- * Our school website
- * Via ParentSquare, which is our communication platform
- * Signage inside and outside the school building
- * In-person
- * To inquiries with general questions email the FDR

COMMUNITY INVOLVEMENT

Engaging community stakeholders in the LWP process may provide strong support for the school community both during operating hours and when the school itself is closed. Advisory neighborhood commission members, local business owners, area law enforcement and public works professionals are just a few community stakeholders that may provide valuable support and insight to creating the safe, healthy learning environment our students need to thrive in an academic setting. Two Rivers Public Charter School recognizes and values the role the community plays in the safe and healthy development of our students. Two Rivers Public Charter School is committed to accepting and implementing feedback and support from the community and works to engage members of the community-at-large in our students' development.

Federal LWP Requirement (7 CFR 210.31(c)(5))

Describe the manner in which community members are provided the opportunity to participate in the development, implementation, and periodic review and update of the Local Wellness Policy.

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