

Breakfast Pre-K

MAY 2024

MON	TUE	WED	THU	FRI
		1 Rice Chex w/ 100% Apple Juice	2 Cinnamon Raisin Bagel w/ Butter & 100% Fruit Juice	3 Banana Muffin w/ Diced Peaches
6 Blueberry Muffin w/ 100% Fruit Juice	7 Multi-Grain Cinnamon Flakes w/ Diced Peaches	8 Multi-Grain Cheerios w/ Fresh Apple Slices	9 Yogurt w/ 100% Orange Juice	10 Cheerios w/ 100% Grape Juice
13 Multi-Grain Frosted Flakes w/ 100% Grape Juice	14 Yogurt w/ Fresh Apple Slices	15 Honey Cheerios w/ Mixed Fruit Cup	16 Cinnamon Raisin Bagel w/ Butter & 100% Fruit Juice	17 Banana Muffin w/ 100% Fruit Juice
20 Blueberry Muffin w/ 100% Fruit Juice	21 Multi-Grain Cheerios w/ 100% Orange Juice	22 Corn Muffin w/ Fresh Apple Slices	23 Yogurt w/ 100% Orange Juice	24 Cheerios w/ 100% Grape Juice
27	28 Yogurt w/ Fresh Apple slices	29 Rice Chex w/ 100% Apple Juice	30 Cinnamon Raisin Bagel w/ Butter & 100% Fruit Juice	31 Banana Muffin w/ Diced Peaches

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices

1% Milk and Skim Milk

Please Note

Locally Grown Component Served Daily

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V"



Breakfast K-12

MAY 2024

MON	TUE	WED	THU	FRI
		1 Multi-Grain Frosted Flakes w/Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	2 Cinnamon Toast Crunch w/Graham Crackers or Pancakes w/ Syrup Apple Slices & 100% Orange Juice	3 Cinnamon Crisp Bar Raisins & 100% Grape Juice
6 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	7 Strawberry Yogurt w/ Graham Crackers or Cinnamon Bun Apple Slices & Diced Pineapple	8 Honey Cheerios w/ Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	9 Plain Bagel w/ Cream Cheese (V) or Mini Sausage & Cheese Flatbread Apple Slices & 100% Orange Juice	10 Apple Jacks w/ Graham Crackers Raisins & 100% Grape Juice
13 Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce	14 Strawberry Yogurt w/ Graham Crackers or Pancakes w/ Syrup Apple Slices & Diced Pineapple	15 Cinnamon Raisin Bagel w/ Butter or French Toast w/ Syrup Diced Peaches & 100% Grape Juice	16 Honey Cheerios w/ Graham Crackers or Cinnamon Bun Apple Slices & 100% Orange Juice	17 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
20 Cinnamon Crisp Bar Raisins & 100% Grape Juice	21 Strawberry Yogurt w/ Graham Crackers (V) or Breakfast Pizza Apple Slices & Diced Pineapple	22 Multi-Grain Cinnamon Flakes w/Graham Crackers or Apple Frudel Diced Peaches & 100% Grape Juice	23 Plain Bagel w/ Cream Cheese or Waffles w/ Syrup Apple Slices & 100% Orange Juice	24 Blueberry Muffin Fresh Orange & 100% Very Berry Juice
27	28 Strawberry Yogurt w/ Graham Crackers Apple Slices & Diced Pineapple	29 Multi-Grain Frosted Flakes w/Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	30 Cinnamon Toast Crunch w/Graham Crackers or Pancakes w/ Syrup Apple Slices & 100% Orange Juice	31 Cinnamon Crisp Bar Raisins & 100% Grape Juice

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