

Menu subject to change. For any questions or comments please contact us directly at menu@luncherasdisi.com

Monday	Tuesday	Wednesday	Thursday	Friday
04/03/2023 WG Emoji Waffles (V) Syrup Maple (ss) Cranberry Juice Choice of Milk	04/04/2023 Cinnamon Toast Crunch Cup (V/VG) Fresh Pears Choice of Milk	04/05/2023 Homemade Strawberry WW Muffin (V/VG) Fresh Tangerines Choice of Milk	04/06/2023 WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fresh Apples Choice of Milk	04/07/2023 Blueberry WW Bread Pudding (V) Bananas Choice of Milk
04/10/2023 Chocolate Chip Oatmeal Muffin (V) Fresh Tangerines Choice of Milk	04/11/2023 WW Taco Breakfast incl. (Egg, Cheese & Tkey Bacon) Taco Bk. w/Tofu, Vegan Ch. & Veggie Crumbles (V/VG) Fresh Apples Choice of Milk	04/12/2023 Whole Grain Pancakes (V) Strawberry Syrup Fresh Pears Choice of Milk	04/13/2023 White WW Loaf (V/VG) Hard Boiled Egg Bananas Choice of Milk	04/14/2023 Yoplait Yogurt & Granola (V) Fruit Punch Juice Choice of Milk
04/17/2023 NO SCHOOL TODAY	04/18/2023 NO SCHOOL TODAY	04/19/2023 NO SCHOOL TODAY	04/20/2023 NO SCHOOL TODAY	04/21/2023 NO SCHOOL TODAY
04/24/2023 Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Bananas Choice of Milk	04/25/2023 WG Blueberry Muffin (V) Fresh Tangerines Choice of Milk	04/26/2023 One-Pan Breakfast Potato, Egg Scramble & Roll (V) Fresh Apples Choice of Milk	04/27/2023 WG French Toast Sticks (V/VG) Syrup Maple (ss) Orange Juice Choice of Milk	04/28/2023 Homemade WW Choco Chip Banana Bread (V) Mozzarella Cheese Stick** Fresh Pears Choice of Milk

* Denotes meal only for PreK. Prek 3/4 servings must include 6 oz of milk, 1/2 serving of grain and 1/2 cup of fruit or vegetables. PreK will always have sliced or finely chopped fruits.

** Denotes meal only for K to 8th (not PreK)

Locally Grown Components Daily Served: Milk (PA). According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (VA), Sweet Potato (VA/NC).

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon request).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat